

	LUN	MAR	MER	GIO	VEN	SAB	DOM
7.15		Agym					
9.15						Tabata	
10.00						Bike	Bike
10.15	Agym	Agym	Agym	Agym	Agym		
10.45						ATonic	Agym
11.30							ATonic
12.00	Agym		ATonic		Tabata		
12.45	Bike		Agym		Bike		
13.00		ATonic		Bike			
13.30	ATonic		Bike		ATonic		
13.45		Bike		Agym			
14.30		Agym		Tabata			
16.00		Agym		Agym			
17.15	Tabata		Agym		Agym		
18.00	Agym	Agym	Agym	Tabata	Agym		
18.45	ATonic	Tabata	ATonic	Agym	ATonic		
19.30	Bike	Bike	Tabata	Bike	Tabata		
20.15	Bike	ATonic	Bike	ATonic	Bike		

